

Reflection: Using Social and Emotional Coaching

Take a moment to make sure your plan is going to work. Ask yourself the following questions:

- Is the behavior/emotion easily identifiable across students?
- Do you often see this behavior/emotion in your classroom?
- Have you practiced multiple ways of describing the behavior/emotion so you provide authentic feedback?
- Are you able to be enthusiastic with your feedback?
- What might get in the way of using this strategy in my classroom?
- What are some ideas for overcoming these challenges?

Complete the following sentences in your own words:

It is important for me to make this happen in my classroom because...

I am confident that I can effectively use social and emotional coaching with my students because...